“Working with You” Action Plan 2014-2015

For Littlemoor, Melcombe Regis, Westham and Underhill

This is an annual action plan for work taking place in the four priority areas. It is compiled by the Community Development Team and the Weymouth & Portland Partnership from consultation and research undertaken across the four areas, as well as meeting with relevant groups and individuals to identify priorities. The Working with You Jigsaw Event in July 2013 also helped to identify some priorities for action and how partners could work together.

The purpose of this plan is to help groups and service providers to tailor their services more specifically to the four priority area needs, as well as provide a guide for community groups and individuals who want to contribute to the community.

This is a living, working document and we will update it regularly as projects progress and new priorities are identified.

To get involved with any of the projects or to add to the action, please get in touch with the Community Planning and Development Team.

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Background

Certain areas of Weymouth and Portland experience significant and multiple difficulties and four wards fall within the top 20% of the most deprived communities in the country[1]. Littlemoor, Melcombe Regis, Underhill and Westham continue to be the Weymouth and Portland priority areas.

The health of people in Weymouth and Portland is varied compared with the England average. Life expectancy is 9.2 years lower for men and 6.2 years lower for women in the most deprived areas compared to the least deprived areas. An estimated 23.9% of adults smoke and 25.9% are obese. The rate of sexually transmitted infections, hospital stays for self-harm and drug misuse are worse than the England average. In Year 6, 17.2% of children are classified as obese just slightly lower than the England average.[2]

Other issues include crime, education and training. The figures are particularly high in parts of the four priority areas. There are significant levels of economic deprivation, a growing proportion of children live in households in receipt of benefits. 19.8% of children under 16 in Weymouth and Portland live in poverty, slightly lower than the England average of 21% but higher than the Dorset average of 13.7%[3].

Working with You is a way of collaborative working targeting the four priority areas of Littlemoor, Melcombe Regis, Underhill and Westham by putting communities at the heart of partnership working practice. The initiative involves working more closely with communities to ensure that their priorities and those identified through statistical data are brought together, drilled down and jointly agreed before projects are developed to address them.

Working with You aims to deliver positive area improvements, build trust and respect between communities and service delivery organisations, build community capacity and address the financial “pinch” experienced by organisations by combining resources and building sustainable communities.

The Working with You principles are:

- To improve the quality of life in all communities concentrating initially on areas facing multiple challenges.
- To deliver positive action.
- To place communities at the heart of partnership working practices.
- To encourage collaborative working at all levels and to achieve more through co-ordinated action.

[1] Indices of Multiple Deprivation, 2010
[2] Public Health England; Weymouth & Portland Health Profile, 2013
[3] Dorset County Council; The State of Dorset , 2013

Health & Wellbeing

HW	Project	Lead and Partners	Resources	Anticipated Outcome for 2014	Update Summer 2014
1	**Home Start - Family Support** Support to families in their own homes	Home Start	Volunteers Partner agency support Marketing & Promotion	Families having a better access to services and support Volunteers trained	The project is working at capacity and need additional volunteers to meet the referral are being submitted to the scheme. 12 new referrals since February. Supporting 10 families in Weymouth and Portland area. 80 people involved in the last 3 months with 48 volunteers. Very high demands for this area.
2	**Autism Wessex** Develop local support groups	Autism Wessex	Volunteers Partner agency support Marketing & Promotion	Support group to be established in one area.	No update received.
3	**Dance a Day** Provision of weekly dance classes for over 50s	Activate, Dorset Loves Arts	Funding from NHS		series of taster sessions held at Community Fire station Mondays- 1.30-2.30 May 19th, 26th, June 2nd, 9th, 16th – Disappointing up take of numbers
4	**Dementia Alliance Pilot** Establish Weymouth & Portland as 'Dementia friendly town'	Dementia Alliance			No update received
5	**Healthy Living Wessex - Exercise Referrals** GP referrals	Healthy Living Wessex NHS,	Funding from NHS	Programme of activities offered for people with coronary heart disease and obesity	Project launch early April and partnering with other organisations. Proposal to take referrals from Natural Choices

HW	Project	Lead and Partners	Resources	Anticipated Outcome for 2014	Update Summer 2014
6	**Healthy & Warm Insulation Programme** Advice and support	DEAC		Keeping homes warm and insulated.	No update received
7	**Dorset POPP (Partnership for Older People)** Support individuals and community groups focussing on the needs of over 50s	DCC		Material deprivation issues that heighten isolation; other factors and how these can be addressed.	'Alone In Dorset' conference took place on Monday, 16th June, at the Dorford Centre in Dorchester and focused on the issue of isolation of older people in Dorset. 120 people took part
8	**Advice & Information – Citizens Advice Bureau** Support and advice to individuals on	Weymouth CAB		Debt, employment, housing and relationship issues.	Exploring various options re more outreach service to Littlemoor. Planned meeting with WPBC to explore other revenue options
9	**Freedom** Targeted programme to tackle domestic violence.	West Dorset Women's Refuge	Funding	More courses available in Weymouth & Portland	Pattern Changing course run by BCHA available details on Dorset 4 You under Domestic violence and Abuse. DV & Abuse contact 0800 032 5204 They provide a Outreach DV & Abuse service for male and females which can not only give Outreach support but accommodation based service if needed You First are the provider for DCC's DV & Abuse service across Dorset

HW	Project	Lead and Partners	Resources	Anticipated Outcome for 2014	Update Summer 2014
10	**Fizz** supported activities.	Fizz			Funding awarded from WWY Grants to develop a project in the Westham area. Successful project in Westham. Evaluation available
11	**Lullaby** Project to engage communities with cycling and walking.	Fizz, B-side, Luke Jerram Artist,			Unsuccessful funding bid submitted to Working with You. Project on hold due to funding.
12	**Djembe Drumming Group** A social group	Dorset HealthCare Dorset Mental Health Forum	Staffing Venue hire Volunteers	Tackling issue for people with long term enduring mental health problems.	12 people are regular attendees. Funding awarded from WWY Grants to pay towards the cost of hiring the community hall. 7 group sessions have taken place 7 – 13 people per session total of 25 people
13	**Friendly Food Club** Community cookery/ lunch events to promote healthy eating.	Friendly Food Club	Venue hire Volunteers	To produce recipe cards and a DVD for families on a low income in Underhill	Funding awarded from WWY for £500.00 Project extremely successful – continuing to grow and a need for more funding. Projects at YMCA on Portland and Weston and Easton.
14	**Access to Swimming** Free swimming taster sessions	WPBC Sports Development , DCC	Pool hire Swimming costumes	16 young people to participate	£845.00 awarded from WWY Grants Panel to pilot the project. 10 young people identified – more need
15	**Bollywood** Programme of Bollywood style dance classes promoting social inclusion and cultural awareness.	WPBC Independent artist Elaine Freedman	Volunteers Marketing Venue	improved wellbeing	Funding awarded from WWY Grant Panel to run workshops. 35 people involved. Invited and attended 5 display events, including One World Festival in Dorchester project taking part in Weymouth carnival. Holi festival planned for opening event of carnival

HW	Project	Lead and Partners	Resources	Anticipated Outcome for 2014	Update Summer 2014
16	**Baianas Carnival Arts Programme** Workshops taking place in all area during the summer	Lets Make it Community Group	Funding secured from Dorset Community Foundation	Self supporting group – costumes made for carnival	Project starting in May. 4 Workshops planned for July – more workshops throughout the year ready for 2015 carnival. Recruitment events have taken place in Littlemoor and Westham
17	**Connect:** support people with aphasia. Aphasia is a communication disability that can occur after a stroke or head injury.	Connect	Funding from Lottery	Better informed local service	Connect received funding from the Big Lottery to set 10 new opportunities for people with aphasia across the UK. Last month, Connect set up a drop-in group in Weymouth that is run by people with aphasia for people with aphasia. The group provides people with an opportunity to communicate (catch up) with others with aphasia in a fun and relaxed environment."
18	**Natural Health Service – Natural Choices** Project to tackle a range of health and wellbeing issues.	Natural W&PP, DWT, RSPB, NHS, Healthy living Wessex	Funding	3 options for GP referrals – Healthy Choices, Active Choices Natural Choices	Funding secured – project to start in April 2014 £60,000 Project developing well and planned start September 14.
19	**Mobile Community Development Worker** Project aimed at supporting communities using mobile office	WCV Synergy Housing	Funding secured	Better informed communities. Partnerships using mobile office to deliver better services	Post successfully recruited. Plan of delivery of project being developed

HW	Project	Lead and Partners	Resources	Anticipated Outcome for 2014	Update Summer 2014
20	**Free Health Check**	Angel Pharmacies	SLA	Healthier communities	Free in-branch NHS Health Checks as per the public health service level agreement https://www.dorsetforyou.com/publichealth/yourhealth/healthchecks
21	**Debt counselling agency (FSA licensed by CAP - Christians Against Poverty**,	Churches in Weymouth & Portland - REFRESH		Urgent need ongoing funding of £15 - 20,000 p.a.	Running regular money management course across all 4 areas, A number of agencies are referring clients in desperate need and our first client is already debt free! REFRESH - The Church of Weymouth and Portland in Action (representing the churches of Weymouth and Portland) is the umbrella body for this, the Food banks, Soul Food, The Bridge and much more and is in the final stages of being registered as a charity.

Health & Wellbeing Future Projects

HWFP1	Project	Lead and Partners	Resources	Anticipated Outcome	Update Summer 2014
1	**Christmas Day meal**	WCV	Funding from local sponsors	30 people attend Build volunteer base	Project plan being written
2	**Men's Shed -** aimed at men	Lets Make it	Funding	to combat isolation, inactivity, and depression	Research required into funding opportunities and partnership working.

Community Involvement

CI	Project	Lead and Partners	Resources	Anticipated Outcome for 2014	Update Summer 2014
1	**Young Advisors** Young people's project to stimulate social action	Synergy Housing	Funding secured	Young people learning new skills	More work needs to be done on recruiting new members to the team
2	**Community Networking Lunches** To hold 4 community networking lunches, one in each priority areas.	DCA,	Funding	Networking opportunities	Funding granted to DCA for 4 community lunches/training events across Weymouth & Portland. Planned for Westham September – others to be developed
3	**Community Action Celebration** An annual event to celebrate the activities that have been achieved in the local community.	WPBC Westham Community group			1 event taken place March 2014 to celebrate 23 groups successfully being awarded WWY grant funding. Over 100 people attended Westham Event 1/3/14
4	**Volunteering Capacity Building** Increase volunteer recruitment to community projects by offering regular volunteer support and development	DVC	Funding	Up skilling volunteers	Safeguarding training delivered by DVC. WCV have completed 4260 volunteer hours since 15th Feb 14 successfully secure 2 year SLA with Probation.
5	**Digital Champions**	WPBC	Volunteers	More people using IT in areas of Deprivation	Mapping community hubs for Digital Champions Identifying needs in areas
6	**Community Transport**	Weymouth Community Volunteers	more funding required for co coordinator	Increase numbers of volunteers	401 people registered ¾ have armed forces connection Average age 55 – 98 years – trips include hospitals Southampton / Bristol. 25 drivers

CI	Project	Lead and Partners	Resources	Anticipated Outcome for 2014	Update Summer 2014
7	**Twice as Nice**	Weymouth Community Volunteers	Furniture donations	Increased training and opportunities for volunteers Affordable furniture for all	Working well and proving to be very popular
8	**Digital Media project**	WCV	Staff time and funding	Upskilling local communities with resources	Project partnership with Westham community Group and others to help produce media for funders
9	**Weyfarers- volunteer scheme**	Weymouth Bid		Enhance the Weymouth visitor experience – providing a helping hand – reduce shoplifting and ASB	Training package being designed and 8 volunteers sourced
10	**Citizenship cards** photo identification cards for young people. These are known as Pass cards.	Princess Trust	Funding required	Aged 16-25, cannot even register at a GP without photographic ID.	New Project

Community Involvement – Future Projects

CIFP	Project	Lead and Partners	Resources	Anticipated Outcome	Update Summer 2014
1	**Adventure Club** Free or affordable activities for families and young people based at key local nature reserves	Natural W&PP			Projects being delivered to local young people from 4 areas at RSPB
2	**Dance mats** Electronic dance mats available for dance classes for all age groups (held at the Park Centre).	Waterside Weymouth Community Forum	training volunteers to use equipment		On hold due to lack of volunteer capacity
3	**Creative Care** Provision of creative activities in care homes for over 60s.	Synergy Housing WPBC			Project on hold due to staff resources and no funding or lead organisation willing to support project
4	**Charity Car Boot Sale**	WCV	Funding required for planning	Income generated for local causes – meeting needs of local communities	Project in early stages of development

Local Environment and Facilities

LEF	Project	Lead and Partners	Resources	Anticipated Outcome for 2014	Update Summer 2014
1	**Life's An Adventure** 3 year programme to encourage greater participation in sports and physical activity.	DCC		No of people involved	Mobile skate ramps activities taking place Westham, Portland and Littlemoor during summer months
2	**Dorset Disability Sports Hubs** Programme to provide an opportunity for ages 14+ to adults who are disabled	DCC		Increased opportunity to participate in sport.	No up dates received

3	**Jurassic Coast workshops** Delivering science/ fossil workshops for early years through Children's Centres.	Jurassic Coast Team		Better understanding of the area	various events taking place – more volunteers needed
4	**Ace of Spade – volunteer gardening programme**	WCV			Project working well with Synergy Housing

Local Environment and Facilities - Future Projects

LEFP	Project	Lead and Partners	Resources	Anticipated Outcome	Update Summer 2014

Enterprise, Education and Skills

EES	Project	Lead and Partners	Resources	Anticipated Outcome for 2014	Update Summer 2014
1	**Young People's Programmes – Dorset Fire** Targeted skills and personal development for young people.	Dorset Fire	Funding Staffing	No of young people engaged on the project	Funding awarded from WWY Grant to run a programme in the summer 2014
2	**B Roads** Recruit young people training, education and employment.	Synergy, B-side		Up skilling young people	'Dragon's Den' Project for young people to identify potential projects.
3	**Strengthening Families programme for 10-14 year olds** support young people identified/ Dorset Families Matter initiative	DYA, DCC			88 people have benefited from the project
4	**Friends of the Compass Learning Centre** Fund raising group.	DCC	Funding Staffing	48 young people will benefit from the programme	Awarded funding from WWY Grant to purchase equipment
5	**Family Action Programme (FAP**) to help individuals/ families to get back into work	Prospects	Funding in place	Up skilling	Working with clients in the 4 local areas supporting and mentoring role.

EES	Project	Lead and Partners	Resources	Anticipated Outcome for 2014	Update Summer 2014
6	**Leisure Courses Weymouth College**	Weymouth College		Increased opportunities for learning	Over 2000 enrolments in 2014 and planning leisure courses in other community venues for 2014/15
7	**Countryside Apprenticeship Scheme** Scheme to develop apprenticeships linked to the natural environment	South Dorset Ridgeway Landscape Pship,	Funding	Better management of countryside/skill sharing and learning	40 volunteers needed to be recruited for countryside ranger scheme
8	**Natural Education** Initiatives to improve awareness and understanding of the natural environment.	NWPP			Various activities planned through the summer months – costumes made for Weymouth carnival, attending events such as Sea food festivals and looking for other opportunities to partner with.
9	**Groundwork - Training** Delivery of accredited training in Horticulture and Entry to Employment	Groundwork			Delivered accredited horticultural training in Weymouth but the take up has been poor
10	**Fresh Start** Activities for young people 15 – 25	Dorset Youth Association		Less NEET`s	Programme of events taking place throughout the year.
11	**Business Start Up Training and Support**	Wessex Enterprise Ltd	Funding		Various course being held. Sessions free to attend but bookings required. 40 people have accessed courses in the last 3 months

EES	Project	Lead and Partners	Resources	Anticipated Outcome for 2014	Update Summer 2014
12	**Volunteer Opportunities** Job Centre Plus to provide information on community activities	JCP		To provide volunteering opportunities for unemployed and long-term unemployed people	8 week placement at Weymouth Community Volunteers – customer services, wood work, gardening – 3 volunteers progressed to full time employment.
13	**Literacy Support - Adults** Work with volunteer agencies to support reading and adult literacy in the community.	ReadEasy, WCV, DVC			Read Easy local group set up in Weymouth. Took part in World Book Day in 3 supermarkets. 19 readers 4 readers who have moved on to Moving Ahead and 24 coaches.

Enterprise, Education and Skills - Future Projects

EESFP	Project	Lead and Partners	Resources	Anticipated Outcome	Update Summer 2014

Community Safety

CS	Project	Lead & Partners	Resources	Anticipated Outcome for 2014	Update Summer 2014
1	**Community Safety News** Produce a regular newsletter to highlight crime prevention initiatives and current issues.	WPBC Community Safety, Dorset Police, DCC		4 newsletters to be produced	Various press coverage sent out but to wider audience covering all 4 areas

CS	Project	Lead & Partners	Resources	Anticipated Outcome for 2014	Update Summer 2014
2	**Domestic Violence Awareness** Campaigns to raise awareness of domestic, targeting 18-25 year olds	DCC, Community Safety Butterfly Foundation Office of Police Crime Commissioner		1 event planned	Sat 31 May event took place to raise awareness of domestic abuse and how the therapeutic arts benefit adults and children affected by domestic abuse, lead by the Butterfly Foundation – 10 members of the public attended all from the Trust. Conference being arranged by PCC
3	**Home Fire Safety** Raise awareness of home safety checks	Dorset Fire,		No. of safety checks carried out	More promotions of the volunteer programme on offer by DFRS.
4	**Crime prevention panels** Panels of volunteers to be established to discuss community safety issues.	WPBC Dorset Police		No. of panels to be established No of volunteers	1 panel formed to cover all 4 areas. Various events took place across the area.
5	**Under 18 discos** Borough-wide Under 18 discos to provide a safe event for young people	Air FM	Staff time	safe event	80 young people attended disco in February 2014. 90 in May 14 at Dusk Night club by Air fm
6	**Impact** Project supporting young people in and around the town centre during weekends and other areas such as Westham / Marsh / Nothe area	St Francis of Assisi church lead with Impact Night time economy	Funding required	young people have a safe place to meet	Funding proposal and detailed project plan being written

"Working with You" Combined Action Plan 2013 - 2018	Winter 2013	Spring 2014	Summer 2014
Total Live Projects	**43**	**43**	**54**
Total Planned Future Projects	**11**	**13**	**6**
Health & Wellbeing		**20**	**21**
Community Involvement		**6**	**10**
Local Environment and Facilities		**11**	**4**
Enterprise, Education and Skills		**13**	**13**
Community Safety		**5**	**6**

Completed projects

Project	Lead and Partners	Outcome
Working with You- Summer Action Squad (SAS) Pilot Targeted Activity programme for 8 – 12 years all four priority areas to provide free places on outdoor activities for targeted families.	WPBC	300 places successful filled. **85 young people registered** • 24 from Littlemoor • 38 from Westham • 22 from Melcombe Regis • 2 from Underhill • All of the young people were referred by either social services or head teachers
Time to Change Events Events to raise awareness of mental health issues and reduce discrimination.	WPBC	2 event organised to promote mental health awareness within WPBC. 6 people attended
Sloppy Slipper Event Event to distribute health & wellbeing advice and prevent trips and falls.	POPP	2 events taken place (Westham and Underhill) a total of 50 slippers distributed
Working with You – Jobs & Skills Event Event to promote training and community learning opportunities.	JCP, DCC, Synergy, WPBC, Homestart, DORmen	A Jobs Fair on 4/3/14 over 100 people attended

Projects no longer being considered

Project	Lead and Partners	Outcome
Three Day Nanny' Pilot innovative approach to tackling parenting issues by working with families in their own homes.	Dorset Families Matter	No longer being considered

Partner Glossary	
Big4	Big 4 Lottery Group (Littlemoor)
CAB	Citizens Advice Bureau
CO	Community Organisers (Portland)
CT	Churches Together
DAP	Dorset Age Partnership
DCA	Dorset Community Action
DCC	Dorset County Council
DCC CRT	Dorset County Council Coastal Ranger Team
DCC EIS	Dorset County Council Early Intervention Service
DCF	Dorset Community Foundation
DEAC	Dorset Energy Advice Centre
DFM	Dorset Families Matter
DHC	Dorset HealthCare Community Mental Health Team
DHUFT	Dorset HealthCare University Foundation Trust
DLA	Dorset Loves Arts
DVC	Dorset Volunteer Centre
DWT	Dorset Wildlife Trust
DYA	Dorset Youth Association
ICA	Island Community Action
JCP	Job Centre Plus
LCAG	Littlemoor Community Action Group
NHS	National Health Service
NHS CCG	National Health Service Clinical Commissioning Group
NW&PP	Natural Weymouth & Portland Partnership (Natural England, RSPB, Dorset Wildlife Trust, Jurassic Coast, Dorset Coast Forum)
PCP	Portland Community Partnership
PTC	Portland Town Council
RRC	Rights Respecting Communities (Portland)
RSPB	Royal Society for the Protection of Birds
SDRLP	South Dorset Ridgeway Landscape Partnership
SLBDP	Skills and Learning, Bournemouth, Dorset and Poole
WCG	Westham Community Group
WCV	Weymouth Community Volunteers
Weymouth BID	Weymouth Business Improvement District
WeyCol	Weymouth College

WOEC	Weymouth Outdoor Education Centre
WPBC	Weymouth & Portland Borough Council
WPCCIT	Weymouth & Portland Chamber of Commerce, Industry & Tourism
WWCF	Waterside Weymouth Community Forum
WWY	Working with You
YOI	Young Offenders Institute (Portland)
Zone3	Synergy Zone 3 Neighbourhood Panel (Littlemoor)

Please note: The full list of partner organisations who have committed to this programme is available to download from www.weymouthandportlandpartnership.org 'Working with You'